

Aging Unit of Iron County

AUGUST 2017



MENU HAPPENINGS

Hurley 561-2108 M-F	Iron Belt 561-2091 Thursday	Mercer 476-2113 or 1-800-950-8744 Tuesday-Thursday	Saxon 893-2333 Monday-Wednesday	Springstead - Wednesday 476-2113 or 1-800-950-8744
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	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
PLEASE MAKE RESERVATIONS 24 HOURS IN ADVANCE		1 Stuffed Peppers Parsley Potatoes Card Games	2 Salisbury Steak Mashed Potatoes Bingo	3 Sweet & Sour Pork Rice	4 Chicken Ala King Over Noodles	5
	6	7 Pot Roast Baked potatoes Carrots	8 Chef's Choice Chefs Salad Card Games	9 BBQ Chicken Potato Salad Bingo	10 Cheese Ravioli Meat Sauce Hurley Meatballs	11 Poor Man's Lobster Rice Pilef
12	13	14 Pork & Kraut Baby Reds	15 Party Taco Salad Card Games	16 Ham Augratin Potatoes Bingo	17 Salmon Wild Rice	18 Turkey Noodle Soup Egg Salad on a Croissant
19	20	21 BBQ Pulled Pork Sandwich Sweet Potato Waffle Fries	22 Chicken Tenders Pasta Salad Card Games	23 Beef Roast Mashed Potatoes Bingo	24 Pizza Tomato & Cuke Salad	25 Beef Stew
26	27	28 Cheese Burgers Deluxe Tator Tots	29 Cabbage Rolls Baked Sweet Potatoes Card Games	30 Pork Chops Baby Reds Bingo	31 Chicken Cordon Bleu Wild Rice	Vegetable, Fruit / Salad, Dessert Bread & Milk Included with every meal

This menu has been approved by Anna Mooi: Registered Dietician

* Items may be changed without notice. All substituted items meet or exceed USDA standards for RDA.